

# MENU EXAMPLES OF 3 COURSE MEALS

## EXAMPLE 1

**STARTER :** Avocado smoke marlin salad with lemon dressing

**MAIN COURSE :** Rock lobster tenderloin with grill vegetable & mix salad

**DESERT :** Chocolate fondant or fruits



## EXAMPLE 2

**STARTER :** Tuna tataki nicoise salad

**MAIN COURSE :** Tenderloins & gumbas shrimps surf & turf served with garlic sauce and sauté vegetables

**DESERT :** Lime passion fruit crème Brule

## EXAMPLE 3

**STARTER :** Creole fish soup serve with crouton

**MAIN COURSE :** Whole grill snapper serve creole sauce papaya chutney

**DESERT :** Tropical fruit pies



## Breakfast Option

Fruit platter, cheese platter , cereal , toasts , jam  
Yogurt fresh juice etc.

**EGG OPTIONS :** Egg benedict with smoke salmon or Marlin

Scramble Eggs with bacon or ham

Sunny side up with options

Boil eggs with options

Omelette

**BREAKFAST PASTRIES :** Waffles pancakes and crepes